Congratulations!

Congratulations to all those recognized at the 4-H Achievement Night! It was a great night of fun and celebration!

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Club Corner: What’s hoppin’ in the clubs?

- Quaker Gap Clovers won scholarship money for their Gingerbread home!
- Germanton Clover Club volunteered over the holiday at a nursing home.
- School Skippers participated in making crafts for the holidays.
- 4-H Ology 4-H Club created crystallized Christmas trees and they are getting ready to make thermometers.
- The Danbury Shooters has planned to do a raffle in order to purchase ammunition to start training for upcoming shooting competitions.
- Southeastern Warriors Helping Hands is also beginning a new club year as they recruit new members to help with their community service projects!
- County Council: ANY 4-H’ER CAN HAVE A VOICE AND ATTEND THE MEETINGS! County Council meets four to five times a year and plans 4-H County events.

Congratulations to the new officers!

Words from the Agent:

A new year is upon us! I’m excited about what all this year has to offer. We have lots of activities planned! Don’t miss out!

Get your 4-H Calendar and put in on your refrigerator!

4-H Nugget of Gold:
The result of juggling elephants is that no one, including you, is thrilled with your performance!~ from the book Juggling Elephants

This year we are helping you out by giving you a three-part series to help you get more involved in 4-H!

5:30pm at the Extension Office

Can you come to just one of these interactive workshops? Yes...

But will you benefit from all thee? YES!!!!!

JOIN YOUR PEERS FOR:
1. In the Beginning (Starting the 4-H year!) - February 9, 2012
2. 4-H Sampler (What all can I do?) - June 7, 2012
3. Wrap It Up (Finishing the year with a bang!) - November 8, 2012

This event or activity is operating under the 4-H Code of Conduct and Disciplinary Procedure. You can obtain a copy from your 4-H Agent. This 4-H Code of Conduct and Disciplinary Procedure is a condition of participation in any North Carolina 4-H activities or programs. For special accommodations please contact Cooperative Extension at (336) 593-8179. In order to provide special accommodations we must be notified at least two weeks prior to the event. North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation.
UPCOMING EVENTS...

4-H NUTRITION FAIR/CHEF DEMO
This year’s 4-H Nutrition Fair is going to have a sweeter twist!

We are inviting the community to “Taste 4-H.” To show their appreciation to the chefs, we are asking the community to drop loose change as they taste the food, then the chefs will be able to go home with a little sweet reward! We will have a special treat, as well: a chef will demonstrate how to prepare a healthy, quick and cost effective meal for the family!

If you’ve never attended or participated in the Nutrition Fair, then this is your year! Go ahead and think of the dish that you’d like to prepare, and send in your registration now! The Nutrition Fair will be held on March 12 at 6:00 p.m. at Palmyra United Methodist Church on Hwy 8.

Remember, you can enter into one of several categories: bread, dessert, beverage, salad/vegetables, main dishes, and snack.

Also, you must dress to impress: bring a tablecloth, table setting, small plates/utensils for judges, and using a theme or centerpiece is a plus, but not required. You must bring your recipe on a small notecard AND submit the recipe one week before the Nutrition Fair so that we can make a cookbook!

The deadline to enter is March 7 (when your recipes must be submitted as well).

Rules and Entry information is online at stokes.ces.ncsu.edu under 4-H Youth Development! Can’t wait to see you there!!!

4-H Talent/Craft/Fashion
This year we are adding a new piece to our Talent and Craft Show: Fashion! If you have the ability to sew, you can submit an outfit for the show, and then potentially compete at the District Fashion Revue. Please contact me if you are interested in this new opportunity!

Also, as for Talent and Crafts, you can enter crafts and/or talent acts. To be fair, no one person can enter more than three times; any combination of three is fine! The location is TBD, but the date is May 10!

4-H County Presentations
Get geared up for the new year of presentations! We’ll be working on 4-H presentations this year and perfecting our speaking skills to help us all in the future! 4-H presentations are a great way to get over your fears of speaking in front of people, but they are also a great way to make some money! :) 4-H provides scholarship for those who compete in the program, and the farther you go in the competition, the more awards you can win! Rules and Entry information is online at stokes.ces.ncsu.edu under 4-H Youth Development! Can’t wait to see you there!!! The date is May 26!
Club meeting dates and times

- **Caroldale Kids**—2nd Tues. at 7 p.m.
- **Quaker Gap Clovers**—3rd Thur. @ 6:30 p.m.
- **Goats R Us**—Rural Hall
- **4-H Ology Club**—Walnut Cove on 1st Wednesday @ 7 p.m.
- **Southeastern Warriors Helping Hands 4-H Club**—Southeastern Middle School
- **School Skippers**—Danbury 3:45 p.m. Thursdays (1 per month) @ Cooperative Extension Office
- **Danbury Shooters**—North Stokes High School
- **Germanton Clover Club**—Germanton, 3rd Tues monthly

Important Websites

- Stokes Extension: [http://stokes.ces.ncsu.edu](http://stokes.ces.ncsu.edu) (click on 4-H Youth Development)
- Stokes Blog: [http://stokescounty4h.blogspot.com/](http://stokescounty4h.blogspot.com/)
- Stokes Facebook: Stokes County 4-H
- N. C. 4-H: [http://www.nc4h.org/](http://www.nc4h.org/)
- National 4-H Site: [http://www.4-h.org/](http://www.4-h.org/)

Hands to Service

This year we will have three opportunities to serve our local community by working at the three libraries in Stokes County! Put them on your calendar now to help out!

**FEBRUARY 7-DANBURY**

**APRIL 10-KING**

**OCTOBER 9-WALNUT COVE**

All Starting at 6:30 p.m. until 8:00 p.m.

Teen Corner

FOR AGES 13-18!!!

ONLY $80!!!!!!!

April 13-14 at BJ Penn Camp

Enjoy dancing, food, movie, great activities, workshops, and meeting other teens from across the District!

NEW THIS YEAR: 4-H COUNTY WARS!!!

Come battle it out for the most spirit!!!

Don’t miss out on this opportunity!

Scholarship available! Contact Terri for more details.

Sign up NO LATER THAN March 30!!!

Terri Bost,
Extension Agent, 4-H Youth Development